

Read the statements below and tick the ones that describes your current capabilities.

Social dance 3/4

Need more Practice I Can do well

Work with a partner and in a large group

Perform and remember Scottish Country Dances

Understand how learning to dance improves my social skills

Perform and understand spinning your partner, setting to your partner and figure of eight

Form different dance formations and keep the formations such as circle, square and line

Perform and understand skip change of step, pas de basque, doh si doh, cast off, polka step and waltz

To help me improve I need to