

be safe

take weight on my hands safely

Class

## Perth and Kinross Council Education and Children's Services Curriculum for Excellence Health and Wellbeing



## PHYSICAL EDUCATION ASSESSMENT Gymnastics First Level

Class					 reacner																
I CAN STATEMENTS	CHILDS NAME																				
show basic control when travelling and when still																					
find and use space safely.																					
make my body tense, relaxed, stretched and curled																					
roll in different ways																					
balance in different ways																					
travel and climb in different ways																					
make different shapes with my body																					
perform movements on the floor																					
link 3 skills or more together and repeat them																					
copy what someone else does.																					
recognise and describe how I feel during gymnastics activity.																					
describe what others and I have done																					
hold a balance for 3 seconds																					
make different shapes with my body																					
perform movements on a variety of apparatus																					

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