

Class

## Perth and Kinross Council Education and Children's Services Curriculum for Excellence Health and Wellbeing



## PHYSICAL EDUCATION ASSESSMENT Gymnastics Second Level

Teacher\_

I CAN STATEMENTS	CHILDS NAME												
Balance showing different body shapes and using different body parts.													
perform actions on a variety of apparatus.													
perform the 5 basic jumps on the floor and on apparatus													
plan, perform and repeat a sequence of at least 4 moves with changes of speed, level and direction.													
perform individually, with a partner and in a small group.													
understand and use mirroring, matching, following, leading and working in unison													
assess myself and my peers and suggest improvements													
understand how strength and suppleness effects performance in gymnastics.													
show ways of controlling my weight on my hands													
understand why safety is important in gymnastics													
roll showing different body shapes and using different body parts													