

Class





PHYSICAL EDUCATION ASSESSMENT Gymnastics Third and Fourth level

Toachor

Class																					
I CAN STATEMENTS	CHILDS NAME																				
balance with and without a partner/group showing a variety of shapes and varying base sizes																					
roll using different body shapes showing a variety of entries and exits																					
demonstrate the use of inversion, rotation, flight, balance																					
demonstrate a range of skills on a variety of apparatus																					
plan, perform and repeat a sequence of at least 6 moves with changes of speed, level and direction																					
perform individually, with a partner and in a small group																					

assess myself and my peers and suggest improvements													
understand how strength and flexibility effects performance in gymnastics													
perform a broad range of gymnastics skills in a variety of gymnastics contexts													