

Perth and Kinross Council Education and Children's Services Curriculum for Excellence Health and Wellbeing SICAL EDUCATION ASSESSI



PHYSICAL EDUCATION ASSESSMENT X-country/Orienteering First Level

Class	_ Teacher																				
I CAN STATEMENTS	NAME																				
work on my own and with a partner																					
follow instructions																					
read a map using pictures and words																					
warm up																					
cool down																					
take part in physical activities that are fun																					
draw a simple map																					
understand what fitness means																					
have fun																					