

WEBSITES TO SUPPORT RELATIONSHIPS, SEXUAL HEALTH & PARENTHOOD EDUCATION

The following list has been developed to provide ideas to support RSHP education.

Education Links	
NAME OF ORGANISATION	WEBSITE
BBC - CBeebies	www.bbc.co.uk/cbeebies
BBC - Children's BBC	www.bbc.co.uk/cbbc
BBC - Health	www.bbc.co.uk/health
BBC - Learning (Including Class Clips)	www.bbc.co.uk/learning
BBC - Parenting	www.bbc.co.uk/parenting
Chalkface Project (Secondary)	www.chalkface.com
Channel 4 - Health	www.channel4.com/health
Channel 4 - Learning	www.channel4learning.com
Education Scotland	www.educationscotland.gov.uk
GLOW	http://portal.glowscotland.org.uk/
Instant Display (Early years / Primary)	www.instantdisplay.co.uk
Media Smarts – Canada's Centre for Digital and Media Literacy	http://mediasmarts.ca/
National Youth Agency	www.nya.org.uk
SparkleBox (Early Years / Primary)	www.sparklebox.co.uk
Teaching Expertise – Teach, Lead and Succeed (Secondary)	www.teaching.expertise.com
Teaching Ideas and Resources (Early Years / Primary)	www.teachingideas.co.uk
Uniview (Educational Resources)	www.uniview.co.uk

Health Links

NAME OF ORGANISATION	WEBSITE
Always	www.always-info.co.uk
Anti-bullying Support	www.antibullying.net
AVERT – Aids Education and Research Trust	www.avert.org
Baby Centre	www.babycentre.co.uk
Babyfeeding Matters: Tayside	www.babyfeedingmatters.co.uk/tayside.php
BBC Ask Lara	www.bbc.co.uk/learning
Being Girl	www.beinggirl.co.uk
Breastfeeding UK	www.breastfeeding.co.uk
Breastfeeding	www.breastfeeding.see.nhs.uk
Brook	www.brook.org.uk
Caledonia Youth	www.calendoniayouth.org
Care in the Sun (Northern Ireland)	www.careinthesun.org
Child Development	www.child-development-guide.com
Child Exploitation and Online Protection Centre	www.ceop.police.uk
Childline	www.childline.org.uk
Children 1st	www.children1st.org.uk
Childsmile	www.child-smile.org.uk
Cool2talk	www.cool2talk.org
Darts (Domestic abuse resources and training for schools in Scotland)	www.dartsscotland.org
Dettol UK	www.dettol.co.uk
Dove	www.dove.co.uk
Family Lives	www.familylives.org.uk
Family Planning Association (FPA)	www.fpa.org.uk
Get Your Head Round It	www.thewrightstuff.co.uk
Hand Washing Resources	www.washyourhandsofthem.com

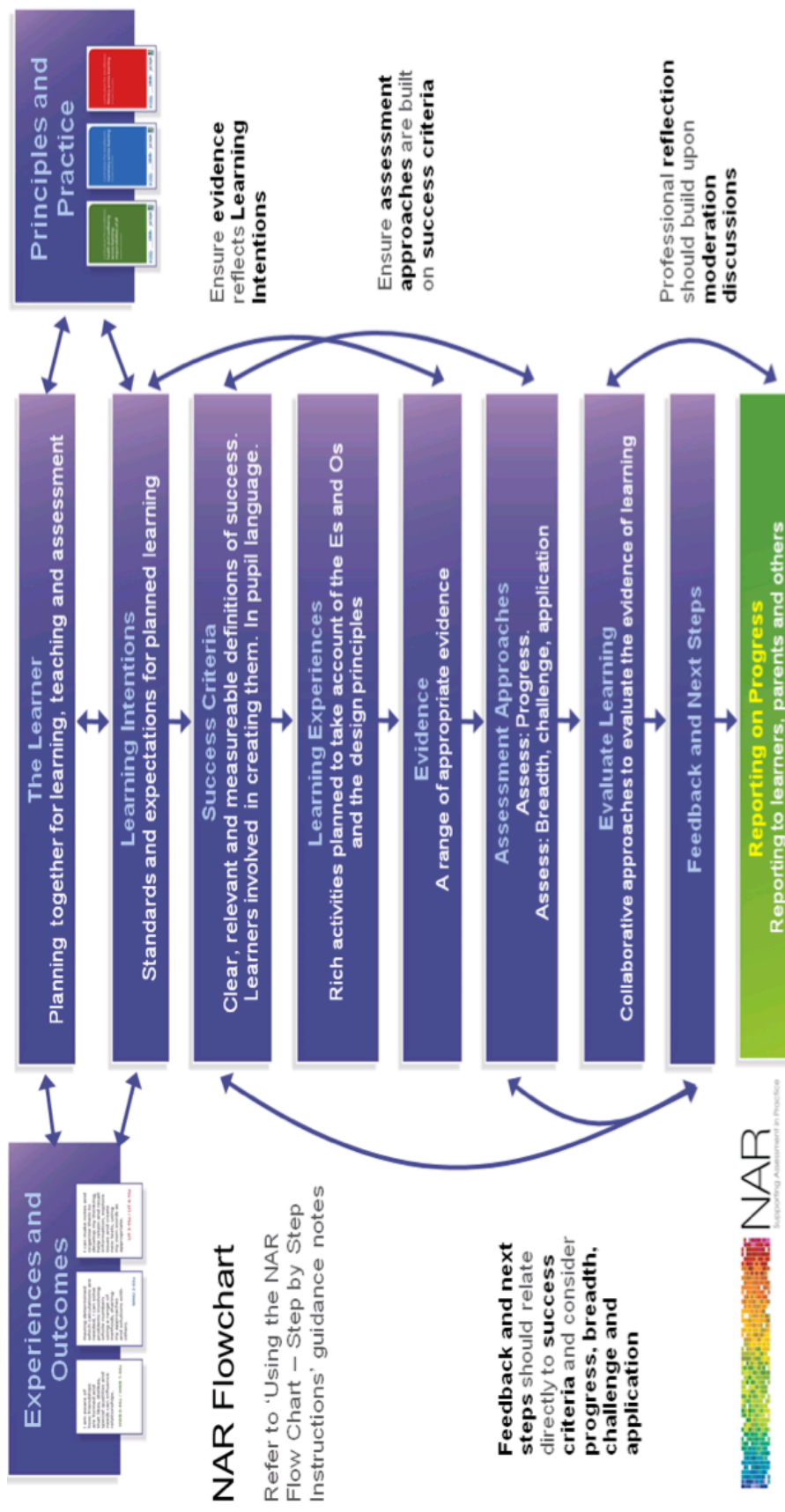
Health Links (continued)

NAME OF ORGANISATION	WEBSITE
Health Scotland	www.healthscotland.com
Healthy Respect	www.healthy-respect.co.uk
Information Services Division – ISD Scotland	www.isd.scotland.org
It Gets Better Project – Giving Hope to LGBT Youth	www.itgetsbetter.org/content/international-affiliates/
LGBT Youth Scotland	www.lgbtyouth.org.uk
Like It Is	www.likeitis.org
Mental Health Foundation	www.mentalhealth.org.uk
National Childbirth Trust	www.nct.org.uk
NHS Choices	www.nhs.uk
NSPCC (National Society for the Prevention of Cruelty to Children)	www.nspcc.org.uk
One Parent Families Scotland	www.opfs.org.uk
Parenting Across Scotland	www.parentingacrossscotland.org
Parent to Parent	www.parent-to-parent.org
Rape Crisis Scotland	www.rapecrisisscotland.org.uk
Relate	www.relate.org.uk
Respect Me – Scotland’s Anti-bullying Service	www.respectme.org.uk
Scottish Family Information Service	www.scottishchildcare.gov.uk #
Sexual Health Tayside	www.sexualhealthtayside.org
Tayside Health Promotion Resources Library	www.tayhp.com
Tampax	www.tampax.co.uk
The Site	www.thesite.org
Think U Know	www.thinkuknow.co.uk
This is Abuse	www.thisisabuse.direct.gov.uk
Terrence Higgins Trust	www.tht.org.uk

Health Links (continued)

NAME OF ORGANISATION	WEBSITE
Violence Against Women Prevention Scotland	www.vawpreventionscotland.org.uk
Waverley Care (HIV)	www.waverleycare.org
White Ribbon Campaign	www.whiteribbonscotland.org.uk
Working with Men	www.workingwithmen.org
Zero Tolerance	www.zerotolerance.org.uk

APPENDIX 1 - NAR Flow Chart



APPENDIX 2 - Highlighted plan & lesson

FIRST LEVEL - SEXUAL HEALTH

Intended Learning:

- Learners should:**
- recognise that we all possess non physical differences and similarities which make us unique
 - know that bodies change as they grow and how they change
 - know that all humans go through the life cycle which has different stages
 - know that all animals are made when a sperm (from a male) and an egg (from a female) meet
 - know all the external body parts have names and know the differences between male and female

First Level - Suggested Stage P3

ES & OS	INTENDED LEARNING	LEARNING INTENTIONS (We are learning to...)	SUCCESS CRITERIA (Pupils can...)	ACTIVITIES	RESOURCES	EVIDENCE
47a	Recognise we all possess non-physical differences and similarities which make us unique	Talk about ways what we have in common and what makes us unique	Talk about a variety of different talents and traits that people have	Work with a partner to identify the ingredients that make up boys and girls. Compare results	Living and Growing Activity Work Sheet 3 – Girls and boys (Recipe Sheets)	Activity Sheets Mind Maps

First Level - Suggested Stage P3

ES & OS	INTENDED LEARNING	LEARNING INTENTIONS (We are learning to...)	SUCCESS CRITERIA (Pupils can...)	ACTIVITIES	RESOURCES	EVIDENCE
47a	Know all external body parts have names and know the differences between male and female	Describe the different ways we change as we grow up and talk about how I have changes as I grow up	Group people together by talents, traits, likes and dislikes	Create a mind map displaying specific things that make us unique; personality, likes/dislikes, family, hobbies etc.	Health for Life 2 (8-11) p177-p196 Growing up and Relationships Create a personal profile or mind map	Personal Profiles Body boards
1-47b		Use the correct names for our body parts Know the difference between boys and girls	List some of the physical changes that take place as we grow up Highlight some of the ways they have changed as they grow up Label body parts correctly on male and female models/diagrams (including the penis and vagina) List some of the physical differences between boys and girls	Work with a group or partner to create personal profiles, identifying any non-physical differences and similarities Bring in photos of them as a baby and a recent photo and annotate changes between the two Body Parts – male and female – introduce correct terminology to be used Use body boards to identify and match correct body parts	Health for Life 2 (8-11) p177-p196 Growing up and Relationships My Circle of Feelings p187 Living and Growing Activity Sheet 4 – Naming body parts Living and Growing Activity Sheet 5 – Same but different Body boards	

APPENDIX 3

Relationships, Sexual Health and Parenthood Stage Handover Sheet

RELATIONSHIPS	
Which Es and Os did you use in your planning?	
What intended learning from the framework did you focus on?	
What learning experiences did you deliver?	
What evidence did pupils generate?	

SEXUAL HEALTH	
Which Es and Os did you use in your planning?	
What intended learning from the framework did you focus on?	
What learning experiences did you deliver?	
What evidence did pupils generate?	

PARENTHOOD	
Which Es and Os did you use in your planning?	
What intended learning from the framework did you focus on?	
What learning experiences did you deliver?	
What evidence did pupils generate?	

What opportunities did you have to conduct learning conversations with pupils in this area?