

The Occupational Therapy (OT) team:



Sue Young (OT)
Team Leader



Sally Thomas (OT)



Rachel Fleming (OT)



Sheona Donaldson (OT)



Jim Lyon
(Support Worker)



Julie Linton
(Support Worker)

You can contact the Occupational Therapy team for a referral form. Our contact details are:



**Occupational Therapy
Learning Disabilities Team
Murray Royal Hospital
GAP Hub
Muirhall Road
Perth PH2 7BH**



01738 562261

Occupational Therapy for Adults with Learning Disabilities



Perth and Kinross Learning Disability Service

01738 562261

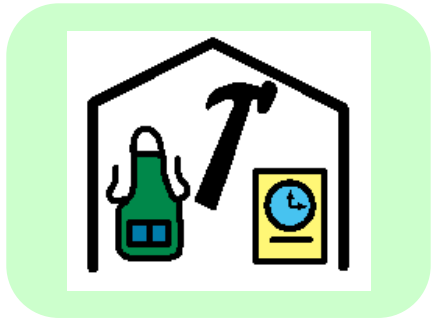


***Occupational Therapy helps people
to achieve health, well being and
satisfaction through occupation.***

Occupational Therapists help adults who find it difficult to:



Look after themselves and their home



Have a job



Go to college or day opportunities



Take part in leisure and social activities

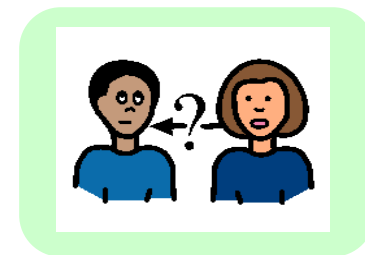
The Occupational Therapist may:



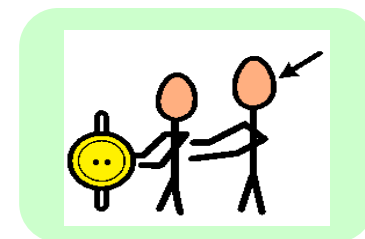
Find out how you manage everyday activities



Plan with you what help you need



Talk to other people how can help



Teach or practice skills with you



Change your environment to make activities easier for you