



Growing Capability

Occupational Therapy
Perth and Kinross Learning Disability
Service



In partnership with



equality • choice • control

Growing Capability is a Voluntary work and Training Project for people with a Learning Disability who are finding it difficult to get or keep a job.



The Occupational Therapy Department of NHS Tayside, Perth and Kinross Learning Disability Service run the project in partnership with Capability Scotland.



We are located in the Walled Garden of Upper Springland at Isla Road, Perth. We have places for 8 workers on a Monday and Tuesday from 9am until 3.30pm

If you want to find out more or you think Growing Capability would be right for you call the number overleaf, you can speak to the Occupational Therapist to find out more. You can also ask someone such as a Social Worker, support worker or relative to call and speak to us for you.



We can also give you a tour of the garden so you can meet people and decide if you want to be referred. If you do decide you like the garden you may be able to come for a longer “Try out” for a few months.

If you would like to find out more about Growing Capability or apply for a place at the project:

Contact the Occupational Therapy Team at:



Perth and Kinross Learning
Disability Service
GAP office
Murray Royal Hospital
Muirhall Road
Perth
PH2 7BH



01738 562261

Or 07717360897

Or email sueyoung@nhs.net