

# Dealing with condensation or mould

If you find that you do have condensation in your home, you should wipe it away with a dry cloth. If any mould grows you can get rid of it easily by wiping down walls with a fungicidal wash, which will be available to buy in any supermarket. If you deal with mould quickly it shouldn't come back.

If you have a damp problem that persists you can call the **Council's Repairs Centre** on **01738 476000**.

If you are struggling to heat your home affordably you can contact **Home Energy Scotland** for free advice and support on **0808 808 2282**.

**Heat Scotland** offers free home visits to look at how you can heat your home more cheaply and efficiently. To arrange a visit please call **0808 129 0888**.



If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Customer Service Centre on 01738 475000.

You can also send us a text message on 07824 498145.

All Council Services can offer a telephone translation facility.

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# Reducing Household Condensation

## How to keep your home free from damp and mould.





# What is condensation dampness?

**Did you know that many reports of 'damp' that the Council receives from tenants are actually caused by household condensation?**

When moisture in the air comes into contact with a cold surface like a window or a wall it condenses into water droplets. If condensation isn't dealt with it can lead to mould growing on walls, furniture and even on your clothes. This can be harmful to the health of you and your family.

Condensation can become a problem in the home when there's a large amount of moisture in the air and there's a lack of proper ventilation. It's important that your home is well ventilated to prevent too much water moisture building up in the air.

Things that can cause excess moisture and condensation include steam from cooking in the kitchen, steam from bathing or showering and the use of bottled gas or paraffin heaters.



# Preventing condensation

**It's easy to prevent condensation in your home:**

- *Extractor fans cost as little as 7p a week to run. Fans in your home will run automatically when there is moisture in the air. You should leave them switched on - please don't turn fans off.*
- *Don't block up any vents in your home.*
- *Avoid drying clothes indoors. If you do have to dry clothes inside, close the door of the room where they're drying and open a window in the room.*
- *Make sure your tumble dryer is vented so that the steam is emitted outside your home.*
- *Keep a small gap between your furniture and walls to let air circulate.*
- *Use the trickle vents on your windows (see picture below).*
- *If possible keep your house at the same temperature in every room. Condensation will form in cold rooms.*



**Don't let condensation take a hold in your home - take these simple steps to make sure you live without damp and mould.**