



MULTI-AGENCY

PERTH & KINROSS GETTING IT RIGHT NEWSLETTER

JUNE 2016

ISSUE THREE

CHILDREN, YOUNG PEOPLE & FAMILIES (HEALTH) PERTH & KINROSS

Further to the formation of the Health and Social Care Partnership, I felt it would be appropriate at this stage to update you regarding the health structure for Perth & Kinross Children, Young People & Families.

Whilst formal arrangements are yet to be agreed, I will be working on an interim basis across all of NHS Tayside on the Children, Young People & Families agenda, pending the outcome of NHS Tayside restructuring. Jo Southern will continue as my project and admin support.

Diane Caldwell will continue with her interim role of Service Manager, primarily focussing on the multi-agency work that we do so well in Perth & Kinross.

Diane Caldwell will also take over the Chair of the Children & Young People's Group, with Linda Martin providing admin support. Contact details are as below:-

Diane Caldwell – telephone number: 01738 564214, email address: diane.caldwell@nhs.net

Linda Martin – telephone number: 01738 564234, email address: lindamar-tin1@nhs.net

Sue Packham will continue as interim Head of Nursing, alongside our four Team Leaders – Lesley Paterson, Sarah Kelly, Morna Strachan and Pauline McOmish.

My new role will continue to include Perth & Kinross, so if you have any queries / comments in relation to Perth & Kinross Children, Young People & Families Services, please do not hesitate to contact me.

Yours sincerely
Julianne Flynn

Interim Head of Children, Young People & Families

Email: julieannflynn@nhs.net



SUMMER SPECIAL ACTIVITIES NEWSLETTER IS BACK...

Following on from last year's newsletter, we plan to again publish the special edition of 'holiday activities', which can be distributed to all schools etc, to highlight events which will be happening around the holidays (1st July 2016 to 16th August 2016)

If you would like to submit an event to be included, please send details as set out below to j.southern@nhs.net:

Name of event:

Date, times and duration:

Venue:

Target audience:

Brief description of activity:

Contact details for event:

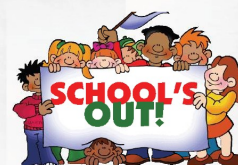
Any associated costs:

Logo for your business / service, if applicable:

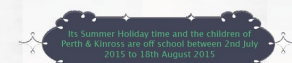
Deadline for all submissions is Friday 17th

June 2016 and it is free to submit an event.

Alternatively if you would like to receive a copy of the newsletter via email once finalized please email j.southern@nhs.net with your contact details.



Perth & Kinross
Summer Activities Newsletter



Are you stuck for activities to keep the family entertained? Please have a look through our newsletter to find out what is happening within Perth & Kinross throughout the Summer holidays.

PERTH AUTISM SUPPORT— YOUNG ADULT PROJECT

The young adult project supports young people between the ages of 15-18 in their preparation for their journey on to adulthood. It helps to bridge the gap with a well-planned transition for young people and their families between children and adult services.

It offers a range of support which is individualised to each young person with their own specific targets to help them fulfil their potential. This support can include individual one to one sessions, small focus group sessions, i.e. budgeting, independent travel, and gym activities. Support with transitions between school, college, volunteering and employment. Support to access other local services and to attend appointments and meetings. A clear transition pathway is also planned for young people for their ending at Perth Autism Support and the beginning of their journey on to Number 3 the One Stop Shop.

The young adult project also provides a weekly social group with opportunities for the young people to develop their social skills with an age appropriate peer group with key tasks to promote independence and social integration. There has also been a holiday programme during school and college breaks.

A monthly parent coffee evening specifically for young adult parents' gives opportunity for informal discussion and support. The Young Adult Project is part of Perth Autism Support's wider Transition Team which also includes our Ease the Move project based at Jessie Street, Blairgowrie, supporting young adults aged 16-25 years with a more complex autism presentation who may not necessarily fit criteria for other services and who need a longer support to a positive destination following leaving Education and our Employment Support project which works with the ten sec-

ondary schools in Perth & Kinross to source suitable work experience opportunities for pupils on the autism spectrum in S4/5/6 and to help shape future employability plans.

For more information on our Young Adult Project contact Sarah Hutt on 01738 451081 or email sarah@perthautismsupport.org.uk and for Ease the Move contact Adrian Clifford on adrian@perthautismsupport.org.uk



PKAVS YOUNG CARERS CONSULTATION EVENT

The annual consultation event for the PKAVS Carer's Hub Young Carers was held at the Christian Outreach Centre in Perth on the 27th April from 6pm - 8pm.

The purpose of this event was to share information about what has been achieved in the past year and how the service is going forward to both the families currently supported and other professionals. This event was well attended by both young carers and their family members with around 50 young carers, and 60 family members as well as a number of professionals from both the voluntary and statutory sector.

The main points from the evening were:

The current service delivery for the past year and the forthcoming one i.e. what we achieved in terms of respite groups, holiday activities, residential, one to one support and partnership working with schools throughout Perth and Kinross.

The Young Carers service are now only taking new referrals from 8+ years and have been doing so since December 2015 to mirror other young carers services in Scotland

A presentation was given on the new ID cards (by Joanne Southern, NHS

Tayside) which is a Scottish Government initiative. This is being managed by NHS Tayside, with our schools outreach worker working in partnership with the NHS to develop this.

There were 3 carers stories that were presented by DVD, photo blurb and a mock interview. They all showed how the young carers' help the person they care for on a daily basis and the barriers they face every day, as well as highlighting some of the more positive aspects of having a caring role.

Questionnaires were given out to the parents to obtain information on how they felt the service has improved the young carer's life

both at home and school. Professionals were given one to gather information on what they know about the service, how to make a referral and if they felt their service would benefit from training about the young carers service. The young carers themselves were able to answer questions via "Quizdom" an interactive questionnaire on the current service delivery.

If you would like further information about the outcomes from the PKAVS Young Carers Consultation Event please contact Billy Morrison, PKAVS Young Carers Coordinator, Tel: 01738 567076



PLAY ON PEDALS



Cycling Scotland's development **Play on Pedals** has recently been introduced in 16* local authority nursery classes selected on the basis of Scottish Index of Multiple Deprivation (SIMD) data.

This further supports one of the key priorities within the National Improvement Framework for Scottish Education; to close the attainment gap between children who come from the most disadvantaged backgrounds through helping children meet their

development milestones.

Education Services matched the grant funding from Cycling Scotland to be able to provide each participating nursery with 4 balance bikes, 2 pedal bikes and 6 helmets.

Play on Pedals training provides the learning, skills and resources to promote cycling in a fun and interactive way. Through a series of fun and imaginative activities, children are helped to develop their balance and control skills as well as to extend their language and communication.

All sessions are designed to support confidence, promote interactive learning and develop life skills.

*Nursery Classes: Alyth, Balhousie, City of Perth Early Childhood Centre, Coupar Angus, Craigie, Crieff, Goodlyburn, Inch View, Leatham, Newhill, North Muirton, Our Lady's, Rattray, St Dominic's, St John's Academy, Tulloch.



April 2016

Healthy Start & Universal Credit

Universal Credit is about to be introduced in Perth and Kinross. Universal Credit effects eligibility for Healthy Start. Recipients of Universal Credit should **NOT** complete the Healthy Start application form (HS01) they should phone the Healthy Start helpline on 0345 607 6823 or email helpdesk@tiu.org.uk for more information (see website: www.healthystart.nhs.uk).

If benefits within a family are changed to Universal Credit and the family had been receiving Healthy Start they should contact the helpline to check that they are still eligible for the Healthy Start benefits.

Healthy Start Vitamins

Midwives continue to issue FREE Healthy Start vitamins to ALL pregnant and breastfeeding women. The successful test of Health Visiting teams having a stock of the children's vitamins is being rolled out so that all Health Visitors will have access to children's vitamins that can be issued to all children under 5 years of age.

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Tel 01382 424109

Do you have an article for this newsletter?

Editor: Miss Joanne Southern, Tel: 07793 746525 Email: j.southern@nhs.net

The Perth & Kinross Getting it Right newsletter is a multi-agency publication produced and edited by Perth & Kinross Community Health Partnership. Editions of this newsletter are published in:-

February (Article deadline 1st January)

April (Article deadline 1st March)

June (Article deadline 1st May)

August (Article deadline 1st July)

October (Article deadline 1st September)

December (Article deadline 1st November)

FREE TRAINING OPPORTUNITY



AIM:

To raise awareness of how children and young people become involved in Child Sexual Exploitation (CSE), the impact of their involvement and how practitioners can respond to protect and support children and young people affected by sexual exploitation.

Child Sexual Exploitation (CSE)

TARGET AUDIENCE:

- Multi-Agency (public, private and third sectors)
- Frontline staff who carry out direct work with children, young people and families and those who have a specific designated role for child protection
- Named Persons / Lead Professionals / Designated Child Protection Officers / Residential Staff

WHEN & WHERE:

- 17 June 2016
- 0900 - 1630
- Angus Hotel, 46 Wellmeadow, Blairgowrie PH10 6NQ

BY THE END OF THE COURSE PARTICIPANTS SHOULD:

- Understand the key terminology and definitions in relation to CSE;
- Develop and understanding of the nature of CSE by identifying and understanding the key vulnerability factors, risk indicators and spectrum of experiences in relation to CSE;
- Understand their role and the roles of other agencies in relation to CSE;
- Develop strategies to increase confidence in direct work with children and young people regarding CSE and
- Understand how they should proceed if they have concerns about a child or young person being sexually exploited

To Apply for a Place

- Please [Click Here](#) to complete the online CPD1 application form or contact the [ECS Learning Hub](#) for assistance. Tel: (01738) 476345 e-mail: ecslearninghub@pkc.gov.uk

Visit our [Child Protection Website](#) for more information on upcoming Learning and Development Courses



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