

**PERTH & KINROSS
GETTING IT RIGHT
NEWSLETTER**

AUGUST 2016

ISSUE FOUR

YOUNG CARERS IN PERTH & KINROSS

My name is Raymond Jamieson and I am PKAVS Carers Hub Manager. I am very aware that not everyone has heard of PKAVS and the services we offer. With this in my mind I wanted to take 2 minutes of your time to tell you about PKAVS Young Carers service.

Young carers are children aged between 8 to 16 years old who help look after a relative who has a condition, such as a disability, illness, mental health condition, or drug or alcohol problem. Most young carer looks after one of their parents or help care for a brother or sister.

Over 50% of the young carers supported at PKAVS come from single parent families and so not only are they a young carer but often they can be the main carer.

Recent local and national research would indicate there could be as many as 1800 children in Perth & Kinross who have caring responsibilities. These caring roles can vary from a few hours a week to over 50 hours dependant on the caring situation.

PKAVS Young Carers service is the sole organisation in Perth & Kinross that helps these children cope specifically with their caring role and how it may impact upon their own health and mental wellbeing.

Support is offered primarily through respite at weekly groups, school holiday day trips and longer residentials, one to one support and advocacy.

I am keen to raise awareness of young carers and the challenges they face so as many as possible can be identified and supported. With this in mind I would be delighted to come along and present to you and your teams about young carers and the support we offer. It need only take 15 minutes but if it helps staff know the tell-tale signs for identifying young carers then this would be time well spent.

If you'd like to know more about the young carers service then please visit PKAVS Carers Hub website (www.pkavscarershub.org.uk) and click on the Young Carers tab on the right hand top corner.

Alternatively if you would like to discuss the support available further please either contact me on 01738 567076 or at Raymond.jamieson@pkavs.org.uk

Thank you



TAYSIDE FUN FIT TAYSIDE (MEND) PROJECT COMES TO AN END

The Tayside Fun Fit Tayside (MEND) project is coming to an end and I'd like to take this opportunity to thank all who have been involved in the project over the past 2.5 years for their encouragement, support and all the fun we have had.

We have engaged with over 2000 children across Tayside and for the families who joined us on a MEND programme;

72% of children lowered their BMI
79% of children reduced OR main-

tained their waist CIRCUMFERENCE
Children lost 67cm off their waists CIRCUMFERENCE collectively
67% of parents lost weight

On a personal note, I am sad to see this project end and hope that the new projects and pilots starting up across Tayside around Child Healthy Weight are a huge success.

Please contact Lesley.Hillan-

Fowler@mytiemactive.co.uk for further information about the Scottish MEND Projects and for support in Tayside please contact NHS Paediatric Overweight Service Tayside on 01738 473784.

I wish you all the best for the future.

Emma Goodfellow
Healthy Powerful Communities
Local Project Manager

EARLY EDUCATION & CHILDCARE STRATEGY TEAM 0 TRAINING OPPORTUNITIES 2016

A full list of training opportunities can be found by clicking on the below link:-

<http://www.pkc.gov.uk/CHttpHandler.ashx?id=36235&p=0>

You must submit a CC1R form to the Childcare Strategy Team for each training course you wish to attend. **Places are not confirmed without a form.** The form can be downloaded from the childcare training pages on the council website www.pkc.gov.uk/cstraining. CC1R forms can be e-mailed to childcare@pkc.gov.uk or posted to the Community Wing, Perth Grammar School, Gowans Terrace PERTH PH1 5AZ. **A maximum of two places per service can be booked on any course, with the exception of Baby & Child First Aid for which only one place per course can be booked in the first instance.**

Allocation of Places - Places will be allocated after the closing date and a letter or email will then be sent out to confirm your place on the course.



Angus, Dundee, Perth & Kinross ADPs

Understanding Stigma: Promoting Inclusive Attitudes and Practice (1-day course)

Dates: 22nd August, 2nd September 2016
Time: 9.30am-4.30pm
Venue: North Inch Community Campus, Gowans Terrace, Perth, PH1 5BF.

Dates: 23rd November 2016
Time: 9.30am-4.30pm
Venue: Room 4.7 Dundee House, 50 North Lindsay Street, Dundee DD1 1NF.

Introduction to Motivational Interviewing (2-day course)

Dates: 21st and 22nd September 2016
Time: 9.30am-4.30pm
Venue: Dundee City Council, Committee Rooms 1 and 4, 14 City Square, Dundee.

Dates: 30th and 31st January 2017.
Time: 9.30am-4.30pm
Venue: North Inch Community Campus, Gowans Terrace, Perth, PH1 5BF.

Intermediate Motivational Interviewing (3-day course)

Dates: 27th and 28th October and 18th November 2016
Time: 9.30am-4.30pm
Venue: Strathmore Room, William Wallace House, Orchardbank Business Park, Forfar, DD8 1WH.

Recovery Outcomes Web (1/2 day sessions)

Dates: 13th of December 2016
Times: Morning session – 9.30am-12.30pm, Afternoon Session – 1.30pm-4.30pm.
Venue: Room A, Bruce House, Wellgate, Arbroath. DD11 3TP.

Dates: 12th January 2017
Times: Morning session – 9.30am-12.30pm, Afternoon Session – 1.30pm-4.30pm.
Venue: Dudhope Castle Conference Room, Barrack Road, Dundee, DD3 6HF.

These courses are open to the workforce across Tayside. To book your place and view full course descriptors, please visit: www.sdfworkforcedevelopment.org.uk

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.

SUPREME COURT HEARING—NAMED PERSON MESSAGE FROM SCOTTISH GOVERNMENT

On 28th July 2016, the Supreme Court ruled on the Named Person, with outcomes as below:-

Described the named person policy as “unquestionably legitimate and benign”

Ruled that the principle of providing a named person for every child does not breach human rights and is compatible with EU law

Rejected the petitioners’ argument that the legislation relates to reserved matters

Ruled that the information-sharing provisions of the Children and Young People (Scotland) Act are incompatible with Article 8 of the European Convention on Human Rights and that changes are needed to make those provisions compatible with Article 8.

So what does this mean?

The Scottish Government needs to amend the information-sharing provisions in the Act to make clearer how they will be operated in a way compliant with data protection and human rights law. This needs to happen before we can commence those provisions and will require the agreement of the Scottish Parliament. We are working now to assess what that means for time timescale for implementation. In the meantime, we will continue to progress with preparing for implementation of the Named Person and related provisions; and support current good practice.

The judgement does not relate to current practice in relation to information sharing. It is important that public authorities continue to share information appropriately and in accordance with the requirements of relevant legislation, such as the Data Protection Act and the Human

Rights Act, when providing services to children and families. We are working with the Information Commissioner’s Office to provide further clarification today on current practice in relation to information sharing to address any doubts in that regard.

If you have any questions or comments meantime, please contact GIR-FEC@gov.scot

Deputy First Minister John Swinney’s statement can be viewed via the following link <https://amp.twimg.com/v/22a2f284-b522-4359-babd-f1126171a1ea>

FREE TRAINING OPPORTUNITY

Getting it Right in Perth and Kinross

The GIRFEC Approach in Perth & Kinross – Named Persons et al.

A NEW comprehensive GIRFEC course for Named Persons and others in Perth and Kinross working within parts 4, 5 and 18 of the Children & Young People (Scotland) Act 2014.

AIM:

To provide opportunities for Named Persons, Lead Professionals and potential Child's Plan Partners to consider their role in relation to the Getting it Right approach and consider their responsibilities in relation to parts 4, 5 and 18 of the Act and National Guidance.

TARGET AUDIENCE:

- Fundamental to Named Persons in Perth and Kinross and their managers.
- Staff likely to be working alongside Named Persons and those dealing with child wellbeing matters.
- Multi-Agency.
- Head Teachers / Deputies / Guidance Staff / Health Visitors / Family nurses / Social Workers, Lead Professionals / Early Years workers and Plan Partners.

WHEN & WHERE:

- 24 August 2016
- 9.15am – 4.30pm
- North Inch Community Campus, Perth

BY THE END OF THE COURSE PARTICIPANTS SHOULD BE ABLE TO:

- Explain the principles and values underpinning the GIRFEC approach.
- Describe the responsibilities of the Named Person as defined by the Children and Young People (Scotland) Act 2014 and effective partnership working between Named Persons, Lead Professionals, other agencies and plan partners.
- Demonstrate how to apply National and local practice guidance and tools e.g. National Practice Model, Chronologies and other P&K Guides and Toolkits.
- Recognise when children and young people and families may require additional support; how Named Persons can seek assistance and recognise when factors may indicate the requirement for a child's plan, child protection interventions or compulsory measures.
- Demonstrate an outcome focused approach to planning for children, young people and their families using the Tayside Child / Young Person's Plan (CYPP) and explore how to develop, manage and review a Child's Plan.

BOOKING ESSENTIAL!

To Apply for a Place

- Please [Click Here](#) to complete the online CPD1 application form or visit the ECS Learning Hub [GIRFEC Web Page](#) for other available GIRFEC Training Course dates.



A Walk For Wellbeing

Thursday 6th October

10am at Bells Sports Centre

Followed by lunch and reception

A free event for everyone of all abilities to celebrate Wellbeing

For info : 07766991570






You Are Invited

Save the date!

Perth & Kinross Wellbeing Fair Launch Day

Monday 3rd October, 10.30am-4.30pm at Dewars Centre, Perth

(registration, tea/coffee 10am)

The Wellbeing Fair is a series of free events throughout October to promote and celebrate Wellbeing across Perth & Kinross and is open to the whole community.

Would you like the opportunity to showcase your service at this fantastic partnership event?
Would you like to offer any wellbeing-related activity during October?

Stalls/taster sessions set up is between 8am-10am on the day

Connect	Be Active	Take Notice	Keep Learning	Give
---------	-----------	-------------	---------------	------

Creche available - For all info contact : RRapanewski@pkc.gov.uk 07766 991570 / 01738 474489

Do you have an article for this newsletter?

Editor: Miss Joanne Southern, Tel: 07793 746525 Email: j.southern@nhs.net

The Perth & Kinross Getting it Right newsletter is a multi-agency publication produced and edited by Perth & Kinross Community Health Partnership. Editions of this newsletter are published in:-

February (Article deadline 1st January)

April (Article deadline 1st March)

June (Article deadline 1st May)

August (Article deadline 1st July)

October (Article deadline 1st September)

December (Article deadline 1st November)

Family Learning in Tayside and Fife

Following the feedback from the successful 'Focus on Families' event in June 2015, a series of half day workshops are being held across Tayside and Fife to further support practice sharing. These events are open to practitioners from all areas

Family Learning with Men and Children in Perth and Kinross

Fairfield Neighbourhood Centre
2 Fairfield Avenue
Perth. PH1 2TF
Thursday
8th September
1.00pm - 4.30pm



This session will give participants the opportunity to hear from dads/stepdads about the impact of being involved in family learning activities. Hear from the staff that develop and deliver the activities, take part in a fun activity and share experiences of working with men in Perth and Kinross, Fife, Angus and Dundee.

- 12.30pm - Registration
Tea, Coffee, Scones and fruit
(Lunch will not be provided so please bring your own)
- 1.00pm - Welcome
Workshops and Discussions : Who let the Dads Out?
Young Fathers Network
Men & Children Matter
Men in Child Care
Activity Ideas
- 4.00pm - Questions/Evaluations and Closing

Further information about this event is available from:
Muriel Craig - MCraig@pkc.gov.uk

To book a place at this session, please click on the link:
<https://www.surveymonkey.co.uk/r/FamilyLearningBooking>
Bookings must be received by Monday 22nd August