1	Full Assistance
2	Moderate Assistance
3	Minimal Assistance
4	Supervision/Prompting
5	Independent Using Equipment/Adaptations
6	Independent
N/A	Not Applicable

Name:

Address

Date of Birth:

Brushing Teeth Activity Analysis

The following is a sample of a possible breakdown task analysis for brushing your teeth. For each component, provide a score based on above. The scoring can be updated when appropriate e.g. daily, weekly etc.

	Activity	Date						Total
1.	Remove toothbrush from toothbrush tumbler.							
2.	Turn on water and wet bristles.							
3.	Unscrew toothpaste							
4.	Squeeze onto bristles.							
5.	Bring toothbrush with paste up to mouth							
6.	Open mouth and brush teeth.							
7.	Spit toothpaste into sink							
8.	Rinse toothbrush under water stream							
9.	Replace toothpaste cap							
10.	Place toothpaste and brush in tooth brush tumbler							
Total								

CWilson March 16