| | |
|---|---|
| 1 | Full Assistance |
| 2 | Moderate Assistance |
| 3 | Minimal Assistance |
| 4 | Supervision/Prompting |
| 5 | Independent Using Equipment/Adaptations |
| 6 | Independent |
| N/A | Not Applicable |

Name:

Address

Date of Birth:

# Dressing Activity Analysis

The following is a sample of a possible breakdown task analysis for getting dressed. For each component, provide a score based on above. The scoring can be updated when appropriate e.g. daily, weekly etc.

| | Activity | Date | | | | | | | | Total |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | |
| 1. | Selects/gathers appropriate garments | | | | | | | | | |
| 2. | Turns garments right way round | | | | | | | | | |
| 3. | Puts garments on in appropriate sequence | | | | | | | | | |
| 4. | Vest/bra | | | | | | | | | |
| 5. | Blouse/Shirt | | | | | | | | | |
| 6. | Jumper/Cardigan | | | | | | | | | |
| 7. | Fastens buttons | | | | | | | | | |
| 8. | Pants | | | | | | | | | |
| 9. | Skirt/Trousers | | | | | | | | | |
| 10. | Stands to adjust clothing | | | | | | | | | |
| 11. | Puts socks, stockings/tights on | | | | | | | | | |
| 12. | Puts shoes on and fastens | | | | | | | | | |
| | | | | | | | | | | |
| | | | | | | | | | | |
| **Total** | | | | | | | | | | |