



# Perth and Kinross Dementia Café

The Dementia Café is a monthly get-together for people living with a memory problem or dementia, their families, caregivers and friends who can be together in a safe welcoming environment. Volunteers and Health & Social Care Professionals will be in attendance.



For further information please visit [www.pkc.gov.uk/dementiacafe](http://www.pkc.gov.uk/dementiacafe) or contact:

**Andy Bennett**  
Carer Support SCO  
Tel **01738 474566**

**Shona Burton**  
Community Mental Health Nurse  
Tel **01738 414564**

**Diane McLellan**  
Social Work Assistant  
Tel **01738 476831**

The Dementia Café is held on the first **Wednesday** of the month at:

North Church Hall,  
209 High Street, Perth.

**10.00 am - 12.30 pm**  
Everyone is welcome to attend.



This is a group for people who are able to attend safely on their own, or who are accompanied by someone to support them.

