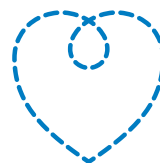


## GET THE MOST FROM YOUR CLOTHES!

- 1 . Try sewing coloured ribbon over frayed cuffs on your shirt to breathe new life into it.  
.....
- 2 . Dab food stains with cold soda water immediately to stop them setting - do not rub!  
.....
- 3 . You can remove the bobbles from jumpers using a disposable razor to gently shave them off.  
.....
- 4 . To remove odours from clothes add some white vinegar to the fabric conditioner drawer of your washing machine when you wash them - they should come out smelling fresh as new.  
.....
- 5 . Are your favourite black jeans looking past their best? A great way to revive them and make them look like new again is to dye them.

[www.loveyourclothes.org.uk](http://www.loveyourclothes.org.uk)  
a programme of Zero Waste Scotland

Half of us own at least one item of clothing, that's not worn because of wear and tear



YOUR  
CLOTHES



# HEMMING WITH AN IRON

We've all got something in our wardrobes with its hems looking the worse for wear. But fear not, there is an easy way to fix hems just by using an iron!



All you need to tidy up tatty hems is some no-sewing or iron-on hemming tape (available from haberdashers, online, or often in supermarkets), and your iron.

**STEP 1:** Line up the hemming tape on the inside of the original hem.

**STEP 2:** Fold over the hem so that it sits neatly back in place.

**STEP 3:** Making sure you use the right heat setting for the garment you're hemming, carefully press over the hem to secure the tape in place. And you're done!

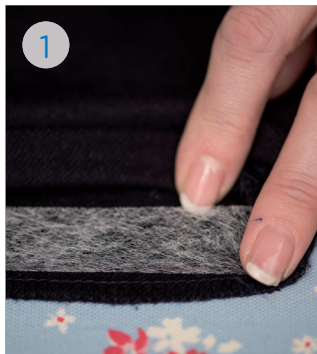
**TOP TIP:** Iron on the back of garment over a damp cloth as the steam helps the tape adhere.

All you need to repair a hem with an iron is:

- An iron
- No-sewing or iron-on hemming tape (available from haberdashers, online, or often in supermarkets)



No iron-on hemming tape? Then hem with a needle! Visit our website to find out how.



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YOUR  
CLOTHES

