

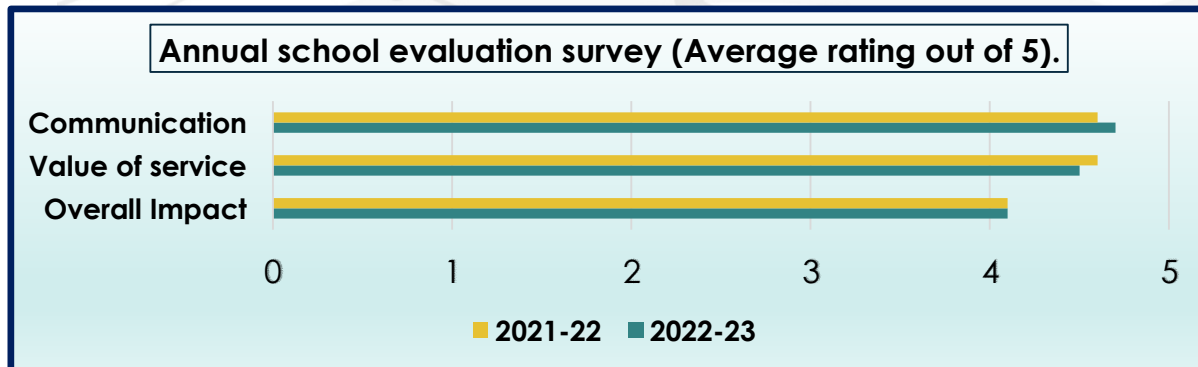
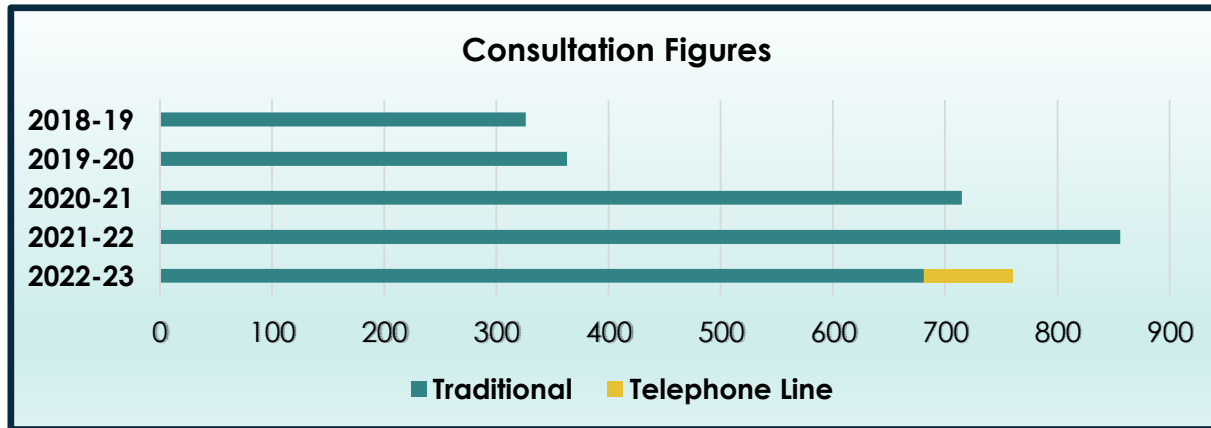
Educational Psychology Service Consultation & Casework 2022-23



Key areas of 22-23 session:

- Introduction of **casework priorities**
- Launch of a **weekly telephone consultation slot** for staff

Initial feedback suggests the telephone service has been helpful, both in terms of advice offered and timely support.



In terms of casework, main areas of focus have been around:

- **attendance and engagement**
- **mental health/emotional wellbeing**
- **developing educational strategies through assessment & consultation**
- **supporting transition planning**, including formal **panel work**

With significant impact being:

- **Increased attainment/achievement of national qualifications and independence skills**
- **Successful transitions to a post-school placements**
- **Improvements in attendance, self-regulation, social communication skills, sleep and emotional/mental wellbeing**

Stakeholder feedback reporting:

"Having a psychologist helped me remember that I'm not just a number [...] I believe my psychologist saved my life and gave me hope for my future..." **Young Person**

"Excellent service, the psychologist listened and guided. Expertise, compassion and understanding" **Parent**

"School is going great now, [my child has] come on a lot over the last year." **Parent**

Educational Psychology Service Development Work for 2022-23



The EPS delivered **18 areas of training** over **57 sessions**:

Placing the human rights and needs of every child and young person at the centre of education

- CIRCLE, support for Ukrainian families

Closing the attainment gap between the most and least disadvantaged children and young people

- WAVE 3 and Hi5, Precision Teaching, Self-Regulation in Action

Improvement in children and young people's health and wellbeing

- Learning through Play, Bounce Back, PKC Nurturing Relationships, Selective Mutism, Circle of Connectedness

Improvement in attainment, particularly in literacy and numeracy

- Dyslexia pathway

Improvement in skills and sustained, positive school-leaver destinations for all young people

- Optimising student success

Evaluative **feedback** highlighted **participants valued**:

- Opportunity for discussion, reflection of own practice & identification of next steps
- Connecting the theory, evidence & practice
- Real-life examples of topic in practice
- Interactive delivery of sessions & quality of trainers

Interesting
Helpful
Thought-provoking
Well delivered
Motivational

CIRCLE – **85%** of schools on track to complete implementation at the **universal level** and **50%** on track to have complete implementation at the **additional level** by the end of June 2023.

Self-Regulation in Action – Further **12 settings** took part in the training with staff reporting positive impact on their self-awareness, knowledge, understanding and professional practice.

Nurturing Relationships – Further **18 schools** enrolled on the programme in phase 3. Impact on pupils showing increases in engagement, attendance, enjoyment and development of emotional regulation skills. **Relationships guidance and PKC statement developed** for education.

Attendance – literature review of evidence-based interventions, stakeholder surveys, to inform PKC approach, updates of staged intervention framework for attendance

Optimising Student Success – Materials to support assessment anxiety developed, targeted intervention piloted by a sample of schools focused on reducing anxiety and increasing self-efficacy.

Other development work included:

- Staff wellbeing
- Community Mental Health Fund programme
- Social Emotional Learning project
- Mentors in Violence Prevention
- Self-harm & Suicide prevention
- Building relationships in practice
- Interventions mapping
- Critical incident responding
- Restorative approaches