

Please note the web address will redirect you to Togetherness. The code TARTAN still works for parents who wish to access free online training



Scottish Government
Riaghaltas na h-Alba
gov.scot



Online courses available for parents FREE (prepaid) for residents of Scotland

1. Understanding pregnancy, labour, birth and your baby

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

2. Understanding your baby

Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

3a. Understanding your child (0-19 yrs) (main course) or

3b. Understanding your child with additional needs

Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

4. Understanding your teenager's brain (short course)

Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

For technical support contact:

solihull.approach@heartofengland.nhs.uk

or 0121 296 4448 Mon-Fri 9am-5pm

www.inourplace.co.uk

www.solihullapproachparenting.com

A colorful illustration of a diverse family group, including men, women, and children of various ethnicities, standing together. The illustration is set against a blue background with a yellow circular path leading towards the bottom right.

Go to:
www.inourplace.co.uk
and enter the 'access code'
TARTAN
To return to the course(s) go to
inourplace.co.uk and sign in!