

After the meeting:

- if you feel your plan is not going well or need to make changes you can contact me or your social worker to arrange an early review;
- otherwise, we will meet 3 months after the initial meeting to review how things are going for you and your family;
- I will then close your file.

How to get involved

For further information about the service, please contact the co-ordinators.

Contact information

CREST Family Group Decision-Making

Education & Children's Services
Perth and Kinross Council
REACH Building
Lewis Place
PERTH
PH1 3BD

Tel 01738 475199
Email CREST@pkc.gov.uk

If you have a complaint about our service, please email CustomerComplaints@pkc.gov.uk

To discuss a complaint or pass on a compliment you may also telephone our Customer Service Centre on 01738 475000, or write to:

Customer Service Centre
Perth & Kinross Council
Pullar House
35 Kinnoull Street
PERTH
PH1 5GD

If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Customer Service Centre on 01738 475000.

You can also send us a text message on 07824 498145.

All Council Services can offer a telephone translation facility.

www.pkc.gov.uk

(PKC Design Team - 2021365)

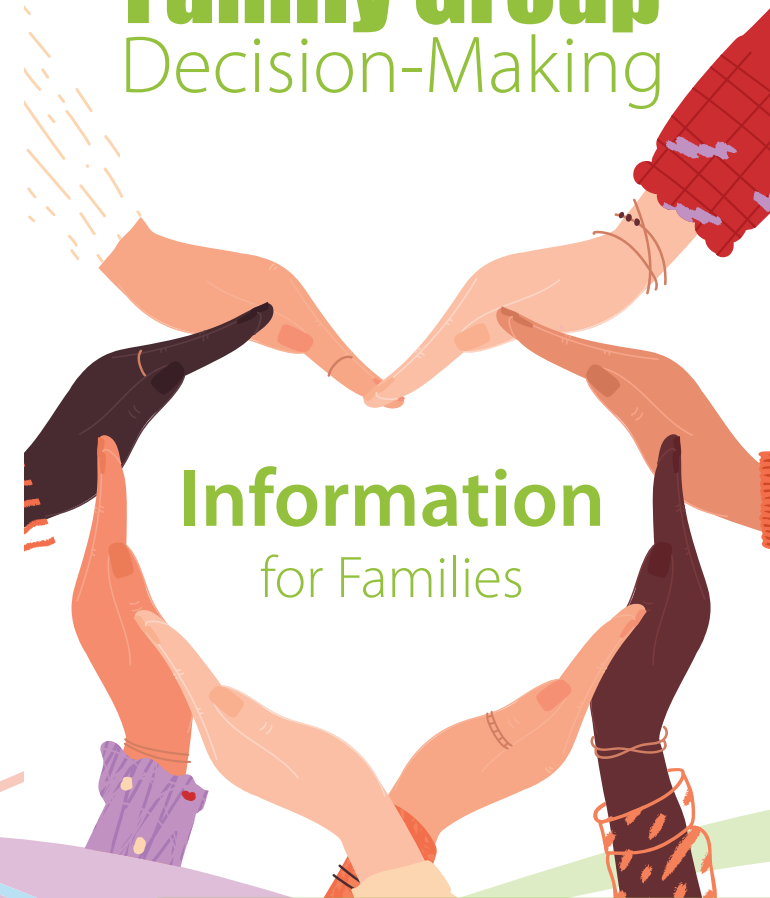


CREST

CONNECTING RELATIONSHIPS EMPOWERING SUPPORTING TOGETHER

Family Group Decision-Making

Information for Families



Education & Children's Services
Improving Lives Together
Ambition | Compassion | Integrity

Family Group Decision-Making

Child-centred, blame-free, future-focused.

Making decisions and having professionals involved in your child or young person's life may, at times, feel quite scary. Our Independent Family Group Decision-Making (FGDM) co-ordinators will help you to communicate with others and identify your strengths, so that you can come up with solutions to help you move forward.

What is Family Group Decision-Making?



I am an independent FGDM co-ordinator who is here to support you and your family.

I have been specially trained to work with families who need to come together to build on their strengths and address concerns about their child or young person.

My job is to listen to you and help you and your family to focus on what is happening now, not what has happened in the past, so that you can come up with your own unique, safe family plan to move beyond the things that are causing your family difficulty right now.

I know that when times are hard, relationships can become strained. I will help you and your family to communicate and to keep your young person at the heart of any decisions that need to be made. We will support you to develop your own unique plan.

I could arrange an advocate to support you through the process. An advocate is trained to express your views and wishes and make sure your voice is heard.

How it works

You need to agree to your social worker referring you to the service. Then, I will contact you to introduce myself. We will talk about:



I will then:

- contact those you have said can support you;
- share the concerns with them, with your consent;
- ask them what they can do to help;
- help bring everyone together in a family meeting, where it is safe to do so, to make a family plan.

You will choose how, where and when we come together and what refreshments you would like.

At the meeting I will:

- make sure everyone is comfortable and ready to invite your social worker into your meeting;
- make sure everyone has all the information you need before you have your private family time where you will make your family plan;
- be available during your private family time if you need me and when you are ready help you share your family plan with social work;
- sign your family plan once it has been agreed and send everyone a copy within three working days;
- agree a review to see how things are going. This will be in three months' time or sooner if required.

