

## How to get involved

Talk to your social worker and they will arrange for one of our co-ordinators to speak with you and your family.

## Contact information

### CREST Family Group Decision-Making

Education & Children's Services  
Perth and Kinross Council  
REACH Building  
Lewis Place  
PERTH  
PH1 3BD

Tel 01738 475199

Email [CREST@pkc.gov.uk](mailto:CREST@pkc.gov.uk)

If you have a complaint about our service, please email [CustomerComplaints@pkc.gov.uk](mailto:CustomerComplaints@pkc.gov.uk)

To discuss a complaint or pass on a compliment you may also telephone our Customer Service Centre on 01738 475000, or write to:

Customer Service Centre  
Perth & Kinross Council  
Pullar House  
35 Kinnoull Street  
PERTH  
PH1 5GD

If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Customer Service Centre on 01738 475000.

You can also send us a text message on 07824 498145.

All Council Services can offer a telephone translation facility.

[www.pkc.gov.uk](http://www.pkc.gov.uk)

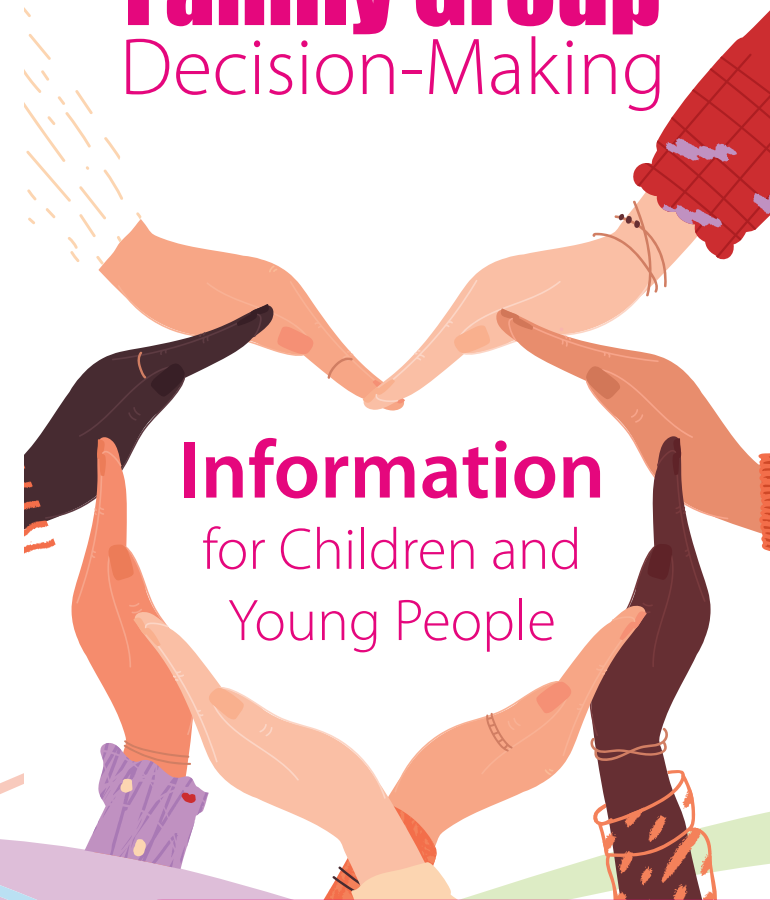
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**CREST**  
CONNECTING RELATIONSHIPS EMPOWERING SUPPORTING TOGETHER

# Family Group Decision-Making

## Information for Children and Young People



Education & Children's Services  
Improving Lives Together  
Ambition | Compassion | Integrity

# Family Group Decision-Making: adults coming together to support you.



## I am an independent Family Group Decision-Making co-ordinator. It's my job to:

- listen to you;
- find out what's going well for you;
- find out what needs to change;
- help you to have a say in what's happening right now;
- help you to have a say in how you are looked after.



You get to help choose how the family will meet, where and when the meeting might be, and what refreshments we might have.

## What will happen in the meeting?

- Everyone will get a chance to hear how things are going and to ask questions.
- Your advocate can help you to share your views if you have chosen to have one.
- You and your family are left alone to have private time to make your family plan and have refreshments.
- Everyone will work together in agreeing a plan to support you.
- You will then go off and try your plan for the next few months.
- I will get in touch in 3 months to find out how things are going, or sooner if we need to.



### I will:

arrange an advocate for you if you want to (this is someone who can speak on your behalf to share your views). This can be someone you already know;



meet with your family and other people that are important to you to find out what everyone can do to support you;



help you choose who to involve in your family plan. That could be your mum, your dad, brothers, sisters, grandparents and anyone else who is important to you;



bring everyone together in a meeting where it is safe to do so to make a family plan to support you.