



Education and Learning
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NEWSLETTER

ELC Newsletter, Issue 31, June 2024

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Education and Learning Summer 2024 Holiday Activities Offer

This year, we have planned an Education and Learning service wide approach to supporting our children and families throughout the summer holidays 2024.

This offer is being piloted in the Perth city area, Rattray and Crieff. Many of the activities are planned within these localities however, there are opportunities across Perth and Kinross in other localities too. There will be a main session daily which is open to all families, no pre-registration will be required. Families can turn up on the day and join in the fun. There will also be smaller group sessions in different localities which will require pre-registration in advance.

Please share the planner widely with families to encourage uptake. Parents/carers can apply directly for the pre-registration sessions using MS form link - [Summer 24 applications](#), closing date for the second intake will be Wednesday 26th June at 6pm. Please share this information widely with families to encourage uptake.

There will be a consultation process with families during and after these sessions to inform how we continue to take this holiday offer forward throughout future school holidays.

The offer has now been shared with all schools, ELC settings and Social Work with information on the sessions. Look out on social media too for further updates!

Visit the Perth & Kinross website
for more information



Family Fun Day



THE ART OF NATURE FUN DAY

Perth Art Gallery
Perth & Kinross

Saturday 29 June 2024
1.30pm – 3.30pm | Free, donations welcome.

Join us for this fantastic family funday, inspired by our new Fergus & Meg exhibition, and Perth & Kinross Biodiversity month. Art activities to enjoy include making a beeswax candle, paper flowers and nature tattoos. Suitable to for all ages. No need to book just turn up. Funded by the JD Fergusson Art Foundation

<p>Perth Art Gallery 78 George Street Perth PH1 5LB Tel: 01738 632488</p>	<p>  </p>	<p>CULTURE PERTH & KINROSS</p> <p><small>Culture Perth & Kinross Ltd is a Scottish Charity (SC26635) and a company limited by guarantee (SC18247)</small></p>	<p><small>WE ARE PART OF CULTURE PERTH AND KINROSS</small></p> <p>I°</p> <p><small>RECOGNISED AS A NATIONALLY SIGNIFICANT COLLECTION BY THE SCOTTISH GOVERNMENT</small></p>
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Community Cookit



Interested in cooking, nutrition, hygiene and food safety? Then come join us and become a Community Cookit Coach

17/07/2024 - Community Cookit MS Teams Online - 10am - 11.30am

23/07/2024 - REHIS Food & Health @ Steele Room, Perth Royal Infirmary- 9.30am - 4pm

31/07/2024 - Community Cookit practical day @ Jeanfield Swifts FC Perth - 9.15am - 3.30pm

Food Hygiene - <https://www.pkc.gov.uk/article/22408/Adult-learning-hub-Food-and-Hygiene-Training-Level-2>

All elements of the training above must be completed.

To book a place or for more information, please contact nadya.ross@nhs.scot or rachel.macfarlane@nhs.scot

Email to book

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Summer Guidance on Ticks

Lyme disease is still on the rise in Scotland. It is caused by being bitten by an infected tick and can be serious if not treated. To avoid tick bites when spending time outdoors, stick to footpaths where possible, cover up bare skin with trousers and long sleeves, and use insect repellent on exposed skin. If you or a child is bitten, remove the tick as soon as possible. [More information here](#). The quicker you find and remove ticks, the less likely you are to get ill.

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Training Offer 2024-25

Our colleagues in the ECS Learning Hub, are working very hard to populate the ECS learning Hub with all of our training courses over the summer, ready for the new term in August.



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[Visit the ECS Learning Hub](#)

What's Coming Up



Block Play Inservice Day Offer

As part of the in service day offer planned for 12 and 13 August, there will be the opportunity for all ELC settings to book a space for one practitioner from their setting to attend a half day of block play training. This practical, in-person training will be led by Daniel Spry, an early years expert who works closely with Community Playthings to promote the pedagogical benefits of block play, understanding the seven stages of block play and how these can support learning across the curriculum.

PDA Education Support Assistance (Level 6)

This course runs one evening per week at the Perth UHI college and aims to provide a qualification for those who are currently employed as an Education Support Assistant or those who would like to take on that role. It will enable you to develop the specific skills of an Education Support Assistant and to develop knowledge of issues associated with children and young people in educational settings. It also provides you with a deeper knowledge of Additional Support Needs across a broad spectrum of specific needs and disabilities. The course includes a work experience element which can be completed either in your workplace if you are currently employed in an educational setting or through volunteer work in a similar role. This qualification meets the Scottish Social Services Council (SSSC) requirements for a Support Worker in a Day Care of Children Service.

Further Information including information about the cost of the programme can be found here: [PDA Education Support Assistance \(uhi.ac.uk\)](#) or contact Tracy McGregor at tracy.mcgregor.perth@uhi.ac.uk



PDA Trauma Informed Approaches (Level 7)

This is an online course that can be studied at a time that suits you but we recommend allowing 4 hours per week to complete the learning. This PDA Trauma Informed Approaches (SCQF level 7) allows you to gain knowledge and understanding of trauma, including the causes and impact of trauma on an individual. You will also learn the importance of

being an informed practitioner, enabling you to support individuals affected by trauma.

Further Information including information about the cost of the course can be found here: [PDA Trauma Informed Approaches \(SCQF level 7\) \(uhi.ac.uk\)](#) or contact Katrina MacIntyre at katrina.macintyre.perth@uhi.ac.uk

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Digital Improvement Programme 2023-2024

A training opportunity was offered to support ELC settings who had digital literacy as a focus for improvement. The programme involved looking at improvement methodology and how this can be applied to develop digital literacy in ELC settings.

The programme consisted of three sessions. After each session there was an expectation that the practitioners would set a goal/aim and work with the team to achieve this. Each session allowed for feedback and discussion on the tasks set to allow for sharing of practice and collaborative working with other practitioners in ELC who are developing digital literacy in their ELC setting.



Some title here

“My confidence knowledge and understanding of digital has greatly improved.”

“I found it to be very helpful in developing my on understanding of how to use digital in nursery and also very useful to come up with next steps for progression.”



Some title here

“I felt that the pacing as great, and the separate sessions ere useful in giving us time to develop in our on setting and feedback with support.”

Are you interested in the Digital ELC Awards?

Introduction to the Digital Learning Through Play Award in ELC in Scotland is a national award scheme to promote, recognise and encourage a whole setting approach to the use of digital technology in ELC settings.

If you have digital in your improvement plan next year and want to be involved in session 2024.25 then please sign up through the ECS Learning Hub and email LReid@pkc.gov.uk and PLinn@pkc.gov.uk



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Associate Assessor Successes

Congratulations to the new Education Scotland Associate Assessors for Early Learning and Childcare who will take up their training in the new year.

Well done to Sophie Lowe (Education Support Team in the Early Years and Childcare Team) and Jo Bell (Headteacher at Inchtute Primary School).

We look forward to them participating in inspections across the country and bringing their new found knowledge and experience back to benefit PKC.

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Upcoming Courses





Fear-Less Triple P

Fear-Less Triple P is a parenting programme for parents of children and young people aged 6-14 years old. The programme aims to help parents support their children with anxiety.

Fear-Less Triple P can help you

- encourage your child's coping skills
- help your child manage their anxiety
- teach your child problem solving skills
- become confident as a parent
- take care of yourself

Upcoming Group Sessions

North Inch Community Campus, Perth	Weekly every Wednesday 21st August – 2nd October	10am – 12pm
Blairgowrie Community Campus	Weekly every Tuesday 29th Oct – 10th December	5.30pm – 7.30pm
Perth - Venue TBC	Weekly every Thursday 31st October – 12th December	5.30pm – 7.30pm

For more information, please email parenting@pkc.gov.uk

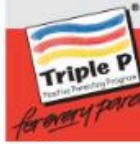


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Group Teen Triple P

Teen Triple P is a parenting programme for parents of teenagers aged 12-16 years old.

Teen Triple P can help you

- Build a better relationship with your child
- Reduce conflict
- Keep your teenager safe
- Be realistic about parenting
- Take care of yourself

Upcoming Group Sessions

Loch Leven Community Campus, Kinross - TBC	Every Tuesday 24 th Sep – 3 rd Dec Break over October holidays	5pm – 7.30pm
Perth Grammar School, Perth - TBC	Every Wednesday 25 th Sep – 4 th Dec Break over October holidays	5pm – 7.30pm

For more information, please email Parenting@pkc.gov.uk



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Speakeasy is a 4 week course for parents and carers that encourages communication with children and young people around all aspects of growing up, relationships and sexual health.

Speakeasy Session Topics:

- Culture
- The Digital World
- Adolescent Brain Development and Risk
- The Law, Consent and Healthy Relationships

Upcoming Speakeasy Group

Glenearn Community Campus	27th August – 17th September	17.30 – 19.30
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For more information, please email Parenting@pkc.gov.uk



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Incredible Years



The next group of
Incredible Years
will be starting in August 2024

Day	Dates	Venue	Time
Monday	19th August - 16th December	Moncreiffe PS - IY School Age	09.45 - 11.45am
Monday	2nd September - 16th December	Glenearn Community Campus - IY Baby	10.00 - 12 noon
Monday	19th August - 16th December	Riverside PS—IY Basic	09.30 -11.30am
Monday	19th August - 16th December	Moncreiffe PS—IY Basic	12.30 - 2.30pm
Tuesday	20th August - 17th December	Crieff Community Campus - IY School Age	09.30 - 11.30am
Tuesday	20th August - 17th December	Scone Institute - IY Basic	09:30—11.30am
Tuesday	22nd October - 4th February	Breadalbane Community Campus - IY Basic	10.00 - 12 noon
Wednesday	23rd October - 5th February	Tulloch PS—IY Basic	09.30 -11.30am
Wednesday	21st August -18th December	Perth Autism Support - IY Autism	10.00 - 12 noon
Thursday	24th October - 30th January	Coupar Angus PS - IY Basic	09.30 -11.30am
Thursday	22nd August - 12th December	Virtual via MS Teams—IY Basic	6pm -7.30pm
Friday	23rd August - 6th December	Brightstarts Nursery - IY Toddler	10.00 - 12 noon

All groups exclude School Holidays



Please contact
Parenting & Family Learning Team at
parenting@pkc.gov.uk
for more information



The closing date for applications for our Incredible Years Groups starting in Aug will be the 15th July and for the group starting on October it will be 13th Sep.

We will have our Incredible Years Baby, Toddler, Basic and School age groups running from Aug-Feb . Groups will run in both central and rural areas throughout Perth and Kinross based on demand. These courses will focus on bringing parents/carers together to share ideas and support positive outcomes with the following:

Baby IY ages 0-11 months

- Supports Parents/carers.
- Help their babies feel loved, safe and secure
- Helps develop bond with baby
- Encourages physical and language development in their baby.

IY Toddler Programme ages 1-3

- Support parents/carers
- To help toddler feel loved and secure / strategies to manage separation and reunion.

- Encourage language, social and emotional development.
- Establish clear and predictable routines.

IY basic programme ages 3-6 & School age ages 7 -12

- Support parents/carers
- Building their child's language, academic, emotional, and social skills to help them become ready for school
- Building relationships between parents/carers and children
- Supporting their child to develop independent behaviours, routines, such as mealtimes, bedtimes, getting dressed and following house rules
- Managing behaviours such as tantrums, defiance, and aggression.

You can apply by completing an [Application Form\(PDF\).\[94KB\]](#) and returning it by email to parenting@pkc.gov.uk.

Parents can apply individually or applications can be submitted by anyone who works with a child or family.

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Supporting Potty Learning in Early Years Settings (session 2)

Following the success of the Care Inspectorates first potty learning webinar in November 2023, they recently held a follow-up session. Once again, they were joined by ERIC, The Children's Bowel and Bladder Charity.

Topics discussed during the webinar included:

- ERIC's new potty training online course for the early years sector
- ERIC's potty training champions programme
- good practice and information available to the sector about potty learning
- the health visiting pathway, including a case study.

They also explored how we can complement training for ELC practitioners by ensuring that the right kind of resources are available

for parents.

If you were unable to attend, you can [watch the webinar here](#).

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Self-evaluation Toolkits Update

Please note that we have now updated the core assurances self-evaluation template to include the new core assurance introduced to reflect The Health and Care (Staffing) (Scotland) Act 2019 which came into force on 1 April 2024. You can find all our self-evaluation guidance, toolkits and templates [here](#).

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Registration changed on 3 June 2024

The changes mean being registered with the SSSC is simple, easy to understand and that people know about the benefits and value of being registered and the standards, skills and qualifications needed to deliver high quality care.

Most changes happened automatically and if you are already registered you didn't need to do anything.

Find everything you need to know about the changes we've made below, or you can [watch the video presentation](#) with an overview at the bottom of the page.

Information sessions for registrants and employers

Join one of our free online information sessions to find out more about what the changes mean for you as a registrant or an employer. Find dates and book your place.

[Information sessions for employers](#)

[Information sessions for registrants](#)



Dads Survey 2024 - Share Your Voice



The valuable views of dads are often ignored. However, each June we reach out to dads from all across Scotland to hear their unique experiences of fatherhood. Their collective voice helps us create an authentic snapshot of Scottish fatherhood, capturing how dads have felt over the last year and what matters to them most.

Last year, our survey received it's largest ever response with over 1,000 dads sharing their voices. This helped us better understand that:

- There's a growing childcare revolution with more and more dads spending time with their children.
- The number of dads experiencing very poor mental health had almost doubled between surveys and most were not aware of the support available.
- In the wake of the COVID lockdowns, dads are continuing to choose family-friendly flexible working in order to spend more time with their children.

- ... and much more ([see last year's full report here](#)).

As has been learned from across each annual survey - a lot can change in a year. How is the cost of living crisis and the pressures on services affecting families in Scotland? How are dads feeling? And has the childcare revolution continued to thrive?

Join in this year's survey and let's shape a better future for our children and families by ensuring that the voices of dads are heard!

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Share your voice

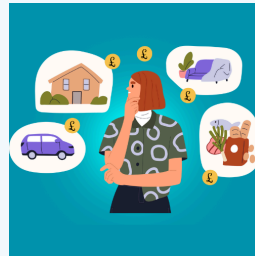


ELC Glow reminder

[ELC Glow](#) is available for all Local Authority ELC colleagues and in our Funded Providers. Should you wish to request access or remove a colleague who no longer works in your setting please complete this [form](#).

If you are a Funded Provider and require additional Glow id's please also complete the same [form](#).

If you have any issues regarding ELC Glow, access to ELC Glow please contact Lyn Smith, elc@pkc.gov.uk.



Struggling with the cost of living?

You received this email because you have subscribed to email updates from Perth and Kinross Council.

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Comhairle Pheairt
is Cheann Rois



Perth and Kinross Council

2 High Street, PH1 5PH, Perth