



**Education and Learning**  
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**NEWSLETTER**

# ELC Newsletter, Issue 33, August 2024

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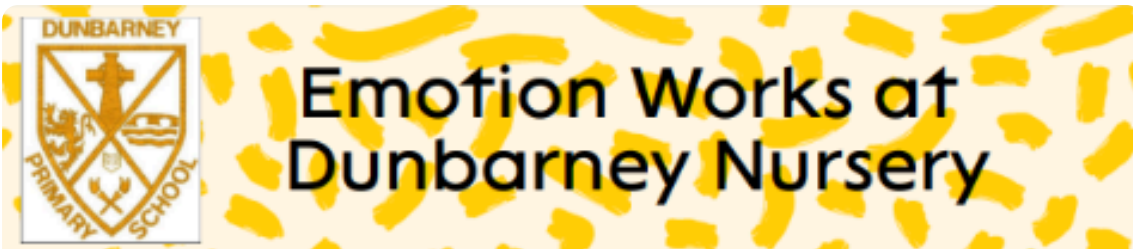
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# Emotion Works at Dunbarney Nursery



When we first began our emotion works journey at Dunbarney nursery, we took time to consider how we could ensure that the children had meaningful ways of learning about emotion 'experiences' through their everyday play and learning with their friends. We value the emotion works programme as much as numeracy and literacy and fully appreciate its importance in life long outcomes for our children as they grow and develop. We spent time creating spaces around the room which naturally allowed the children to freely express their feelings in a safe and age appropriate manner with the use of emotion works symbols and other props such as emotion cubes, feelings tree, emotions mirror, emotion spoons and lanyards to name a few. We have seen the positive impact that it is having on our children on a daily basis and how the children are able to use a wide range of emotion words and symbols. A recent survey was sent out to parents and the feedback was very positive and encouraging that the children were more confident in naming their emotions and feelings.

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## Intergenerational Peep Pilot Group

The Parent and Family learning Team piloted an Intergenerational Peep programme to allow participants to learn new skills, share experiences across generations and reduce loneliness/isolation. The aim of the joint venture was to create an age inclusive Intergenerational Peep group where the toddlers, parents and tenants could build relationships, feel more socially connected and increase their confidence and wellbeing.

According to Beth Johnson Foundation (a charity dedicated to making the UK age-friendly), “Intergenerational practice is inclusive, building on the positive resources that the younger and older persons have to offer to each other and those around them.” Intergenerational learning creates opportunities for all generations to feel valued and part of their community and we felt linking this to the Peep LTP provided the ideal environment to build reciprocal learning relationships. Intergenerational learning was also included in the Housing and Communities Team’

[Read more](#)

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## Maths Week Scotland



***Maths Week Scotland 2024 will take place 23rd – 29th September*** focusing on the theme of ‘Maths Tales’. The Early Years Team will be celebrating with a numeracy inspired ‘Storytime’ delivered out in settings by our fantastic team of Early Years Support Teachers. We look forward to sharing more information directly with settings soon!

[Find out more](#)

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











Training

# Training Offer 2024

Please visit the ECS Learning Hub for our Training Offer 2024. Information on training sessions up to the Christmas are now available to book.

Training Offer 2024 See all  
remember to visit [www.ecslearninghub.org.uk](http://www.ecslearninghub.org.uk) for more listings

+ Add event

 <b>AUG 27</b>	Introduction to Pre Registration for Childminding Tue, 27 Aug, 09:30	 <b>AUG 27</b>	Introduction to Pre Registration for Childminding Tue, 27 Aug, 18:30	 <b>SEP 3</b>	Supply ECP, PA and EYPSA Network Tue, 3 Sept, 16:30	 <b>SEP 3</b>	Introduction to Leadership and Management Tue, 3 Sept, 18:30
 <b>SEP 5</b>	0-3 Being Me in PKC Thu, 5 Sept, 09:30	 <b>SEP 5</b>	Exploring the Crucial Developmental Stages in Early Thu, 5 Sept, 16:00	 <b>SEP 9</b>	Loose Parts Play Mon, 9 Sept, 16:00	 <b>SEP 9</b>	Loose Parts Play Mon, 9 Sept, 18:30
 <b>SEP 10</b>	Introduction to Child Development Tue, 10 Sept, 18:30	 <b>SEP 11</b>	Pre Registration for Childminding Wed, 11 Sept, 09:30	 <b>SEP 11</b>	Practical Workshop on using CIRCLE Up, Up, and Away Wed, 11 Sept, 16:00	 <b>SEP 11</b>	Pre Registration for Childminding Wed, 11 Sept, 18:30
 <b>SEP 16</b>	Child Protection Officer Training Mon, 16 Sept, 09:30	 <b>SEP 17</b>	Assessment and Planning in ELC to Support Children with Tue, 17 Sept, 15:00	 <b>SEP 17</b>	Digibyte: Microsoft Reflect Tue, 17 Sept, 16:00	 <b>SEP 19</b>	PKC Nurturing Relationships – Phases 1, 2, 3 & 4 Thu, 19 Sept, 15:30

Visit the ECS Learning Hub

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## Training opportunity - ELC Nurture Programme ‘Nurturing Relationships’ for funded providers

We are delighted to extend our ‘Nurturing Relationships Programme’ offer to our funded providers this year. The training course aims to promote a universal understanding of the key concepts which underpin the PKC Nurturing Relationships approach within Early Learning establishments and childcare providers.

PKC Nurturing Relationships team are delighted to offer a 6-month training programme for practitioners within ELC partner provider settings. The training offers an introduction to the key theory which underpins nurturing approaches and the Six Nurture Principles.

**Course delivery:**

Each of the four modules has been designed for flexible completion and should take approximately 2 hours per module to complete, with a

mix of short videos, supplementary reading materials and evaluative forms. Each module will conclude with a reflective session which will be hosted by the Nurturing Relationships and Early Years teams.

### **Programme Outcome**

Children and ELC settings benefitting from practitioners who are increasingly confident in delivering nurturing approaches.

[Book now](#)

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## **New Forest Kindergarten training dates**



Perth and Kinross Council in partnership with Perth College run a number of Forest Kindergarten training.

This qualification is run via learning materials which take a flipped classroom approach followed by an intense 3 day outdoor experience.

This qualification meets the needs of practitioners who would like to set up regular off-site visits to a local wood or nearby green space for children in their care. The National Work-based Award in Forest Kindergarten at SCQF level 7 recognises the value of woodlands as an integral part of the learning process for children and covers the knowledge, understanding and skills needed to develop a forest kindergarten.

### **Course 1 weekday practical session**

- 03 September 2024, 4-5pm Online Induction
- 10 September 2024, 4-5pm Online preparation for the woodland
- 24, 25, 26 September 2024, 9.30am-3.30pm Practical woodland days
- 15 October 2024, 4-5pm Assessment Discussion

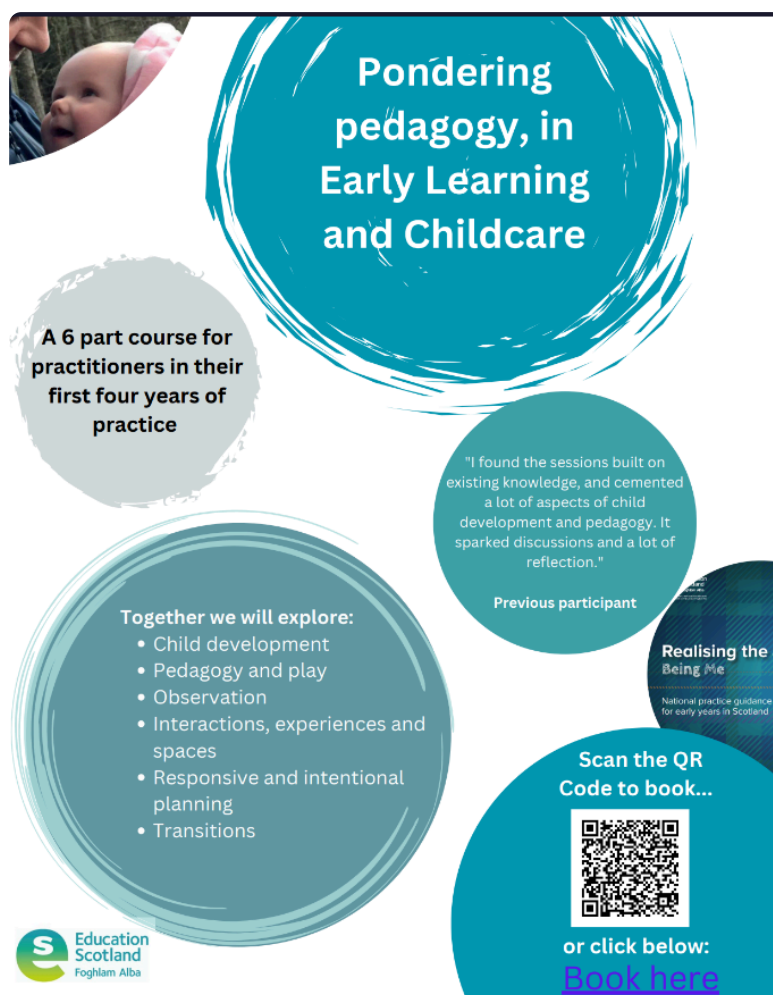
## Course 2 - weekend practical session

- 01 October 2024, 4-5pm Online Induction
- 22 October 2024, 4-5pm Online Preparation for the woodland
- 26, 27 October 2024, 8.30am-5.30pm Practical woodland days
- 12 November 2024, 4-5pm Online assessment discussion

[Book now](#)

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## Pondering Pedagogy



**Pondering pedagogy, in Early Learning and Childcare**

**A 6 part course for practitioners in their first four years of practice**


**Together we will explore:**

- Child development
- Pedagogy and play
- Observation
- Interactions, experiences and spaces
- Responsive and intentional planning
- Transitions

"I found the sessions built on existing knowledge, and cemented a lot of aspects of child development and pedagogy. It sparked discussions and a lot of reflection."


Previous participant

Scan the QR Code to book...



or click below:  
[Book here](#)

Realising the a Being Me  
National practice guidance for early years in Scotland



Education Scotland  
Foghlam Alba

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## Block Play

Many thanks to the practitioners from across PKC who enthusiastically took part in recent training led by Block Play expert Daniel Spry. It was a fantastic two days of creatively, fun and learning with loads of practical ideas about how we can promote block play to support children's development and learning across the curriculum.

We now look forward to seeing your young builders in action supported to progress in their learning by knowledgeable, confident staff!



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## **School aged childcare services feasibility study**

The Care Inspectorate and the Scottish Government will soon begin work on a joint project to undertake a feasibility study to consider future regulation and inspection of school aged childcare services (SACC). The project will build on the broader work of the SACC Programme and on feedback from the sector, children and families, on issues around regulation and quality.

The aim of the project is to understand what changes could be made to the regulation of SACC to expand the current system, enabling a wider range of services to be considered in the scope of SACC, and creating a more level playing field for service providers. The study will seek to highlight implications of any proposed changes whilst ensuring that SACC provision across Scotland is sustainable, affordable and of high quality, for those families who rely on it.

The study will commence in August and will last for six months. Look out for further updates in the provider update and across our social media.

## Safe staffing update

The safe staffing programme would like to share several resources to support services with The Health and Care (Staffing) (Scotland) Act 2019. Please get in touch if you have any questions or would like a member of the staff staffing team to get in touch with you at [safestaffingproject@careinspectorate.gov.scot](mailto:safestaffingproject@careinspectorate.gov.scot).

### Upcoming webinars

The safe staffing programme team has planned a range of engagement sessions throughout September. This is to support organisations and gather early learning around the implementation of the Act. Care Inspectorate would like to invite colleagues, managers and staff from registered services to join a virtual meeting to explore the implementation of the Act. The intention is that these meetings will include a short presentation with an opportunity for delegates to submit questions in advance for the Q&A session.

- **Thursday 12 September** 10:00 - 11:00 early learning and childcare services
- **Thursday 12 September** 18:30 - 19:30 all social care sectors

### Planning guides

The team has developed a series of six information guides in relation to the Health and Care (Staffing) (Scotland) Act. The guides are available on the safe staffing hub areas for **adults, early learning and childcare** and **children and young people**. The guides have been produced to support managers and senior staff in registered care services who are engaged in workload assessment/planning and inspectors evaluating services.

### NES sway resource

NHS Education for Scotland has created a **resource** providing an overview of the Act, examines specific duties, and highlights the aspects relevant to each sector. This resource includes practical guidelines and bitesize videos to help you deliver care that meets the requirements of the legislation. By using this resource, you will gain a better understanding of the Health and Care (Staffing) (Scotland) Act 2019. You will identify how to apply its principles in your daily practice and ensure that your care delivery meets the legislative requirements.

### Knowledge and skills framework



Working with key stakeholders, we contributed to the development of this **knowledge and skills framework** for staffing. The four levels of the framework can be worked through in a variety of ways. There is information contained within each of the four levels that could be valuable no matter what your role and responsibility. Please use all resources as both a means of bite sized learning and reference, to be accessed at any time.

### **Interview with NES**

Steph Thom, safe staffing programme lead, recently did a **short interview** with NES on the Health and Care (Staffing) (Scotland) Act 2019 and what it means to the Care Inspectorate and our services.

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## **Upcoming Courses**



## Fear-Less Triple P

Fear-Less Triple P is a parenting programme for parents of children and young people aged 6-14 years. The programme aims to help parents support their children with anxiety.

### Fear-Less Triple P can help you

- encourage your child's coping skills
- help your child manage their anxiety
- teach your child problem solving skills
- become confident as a parent
- take care of yourself

### Upcoming 3-Day Group (and a Meet & Greet)

<b>Gleneern Community Campus, Perth</b>	<b>Meet and Greet on Wednesday 13<sup>th</sup> November</b>  10am - 11am via Microsoft Teams	<b>Weekly every Wednesday 20<sup>th</sup>, 27<sup>th</sup> November, 4<sup>th</sup> December</b> 9.30am - 1.15pm at venue
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**SPACES STILL AVAILABLE!!!**

For more information, please email [parenting@pkc.gov.uk](mailto:parenting@pkc.gov.uk)



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## Group Teen Triple P

**Teen Triple P is a parenting programme for parents of teenagers aged 12-16 years old.**

### **Teen Triple P can help you**

- Build a better relationship with your child
- Reduce conflict
- Keep your teenager safe
- Be realistic about parenting
- Take care of yourself

### **Upcoming Group Sessions**

Loch Leven Community Campus, Kinross	Every Tuesday 24th September – 3rd December	5pm – 7.30pm
Perth Grammar School, Perth	Every Wednesday 25th September – 4th December	5pm – 7.30pm

For more information, please email [Parenting@pkc.gov.uk](mailto:Parenting@pkc.gov.uk)



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These two bitesize sessions support positive and accurate communication between families and children around all aspects of growing up.

These sessions will provide information to parents and carers on the online world, adolescent brain development and risk.

### Speakeasy Bitesize Sessions:

- The Digital World – 10<sup>th</sup> September
- Adolescent Brain Development and Risk – 17<sup>th</sup> September

Glenearn Community Campus	Tuesday 10 <sup>th</sup> September	17:30-19:30
	Tuesday 17 <sup>th</sup> September	

For more information, please email [Parenting@pkc.gov.uk](mailto:Parenting@pkc.gov.uk)



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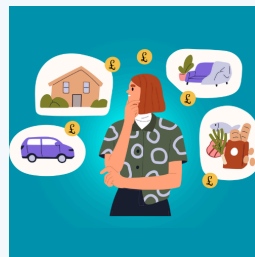
## ELC Glow Access

ELC Glow is available for all Local Authority ELC colleagues and in our Funded Providers. Should you wish to request access or remove a colleague who no longer works in your setting please complete this form.

If you are a Funded Provider and require additional Glow id's please also complete the same [form](#). Local Authority staff should speak to their school admin team.

If you have any issues regarding ELC Glow, access to ELC Glow please contact Lyn Smith, [elc@pkc.gov.uk](mailto:elc@pkc.gov.uk).

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**Perth and Kinross Council**

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